

2021-2022 Maryland YRBS/YTS Middle School Health Disparities by Race/Ethnicity

 Maryland <small>DEPARTMENT OF HEALTH</small>	RACE & ETHNICITY					
	MD Statewide	Asian	Black	Hispanic/Latino	American Indian Alaska Native	White
2021-2022 MD YRBS/YTS Indicators						
Injury and Violence						
Rarely or never wore a bicycle helmet (among students who had ridden a bicycle)	58.8%	35.8%	75.9%	70.4%	52.9%	44.3%
Did not always wear a seat belt (when riding in a car driven by someone else)	36.1%	36.4%	43.6%	44.4%	30.3%	23.7%
Ever in a physical fight	46.8%	31.8%	63.6%	41.5%	45.2%	35.5%
Ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	21.5%	10.8%	28.8%	25.7%	22.6%	14.0%
Mental Health						
Felt sad or hopeless almost every day for >=2 weeks (past year)	36.8%	30.3%	39.6%	44.4%	36.2%	31.1%
Ever made a plan about how they would kill themselves	19.5%	16.2%	21.8%	23.8%	15.1%	15.4%
Ever tried to kill themselves	11.0%	7.6%	13.6%	14.4%	8.7%	6.8%
Tobacco, Alcohol, and Other Drug Use						
Currently used an electronic vapor product (past 30 days)	5.2%	1.5%	5.7%	7.4%	4.6%	3.7%
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	11.5%	9.0%	13.2%	15.7%	9.5%	8.0%
Weight Management Physical Activity, and Other Dietary Behaviors						
Described themselves as slightly or very overweight	28.0%	29.5%	28.2%	34.7%	33.1%	24.7%
Did not eat breakfast (past week)	16.3%	9.2%	17.7%	21.8%	16.3%	13.4%
Did not participate in at least 60 minutes of physical activity on at least 1 day during the past week	16.2%	11.9%	22.2%	22.0%	14.1%	8.3%
Spent 3 or more hours per day on screen time (not homework)	71.6%	65.6%	76.2%	73.5%	59.9%	69.1%
Other						
Family was often/sometimes worried that their food money would run out before they got money to buy more (past year)	16.8%	9.8%	19.7%	25.9%	22.5%	10.1%
Ever lived with someone who was depressed, mentally ill, or suicidal	22.7%	17.4%	19.6%	25.2%	18.5%	25.0%
Ever been separated from a parent or guardian because they went to jail, prison, or a detention center	11.4%	2.3%	15.6%	11.0%	14.5%	8.9%

Key: **Significantly higher**/Significantly lower than Maryland's statewide average